



Dear Parents and Carers,

As another week passes, we have continued to see the children we have in school settling into their new routines and immersing themselves fully in their learning. This week, our Year 6 bubble have enjoyed a French lesson, a walk around the local area and some PSHCE sessions to prepare them for their transition into Secondary School. Our EYFS/ KS1 bubble have enjoyed undertaking some work based on Pirates along with some Land Art which involved using natural resources to make patterns. All children have enjoyed getting outdoors as much as possible and all have been involved in some planting activities particularly at the front of the school in our lovely, colourful pots.



Since returning to school, I have definitely noticed the children becoming more aware of their surroundings and showing real mindfulness. This was very apparent during our walk on Monday, spotting butterflies, flowers and nature at its very best! This was again true last Friday when the Year 6 bubble rushed towards the windows at the first sight of rain.

We know this is an unsettling time for many of you but it may help to try and think about the ways in which you and your family have benefited from this time together - being creative and really enjoying the simple things. We very much look forward to working with you all when it is safe to do so.

Since our school closed in March, teachers have been making regular "checking in" calls to families. As staff have now returned to class teaching duties alongside uploading Google Classroom home learning content, we are unfortunately unable to continue making these regular calls. However, if you need support, please do contact us as we want to do everything we can to support families during what is an extraordinarily challenging time for everyone. We will continue to do everything possible to meet parents' need, government guidelines and public health requirements.

The Government has provided [helpful information for parents](#) on their website which includes a comprehensive Frequently Asked Questions section. The rapid changes and high degree of uncertainty we are living with can make for a very anxious time for adults and children. Anxiety becomes a problem when it gets in the way of everyday life. Some children are happy to talk about their worries whilst others find it more difficult. If anyone would like some support or advice regarding this then the below organisation is a great place to start.

Organisation	Information	Link
Anxiety UK	<ul style="list-style-type: none"><li data-bbox="480 324 959 383">• Helpline extended to 10pm weeknights <a href="tel:03444775774">03444 775774</a></li><li data-bbox="480 389 916 448">• Online support group register using <a href="mailto:support@anxiety.org.uk">support@anxiety.org.uk</a></li><li data-bbox="480 454 946 508">• Webinar on Youtube Channel 'Anxiety UK'</li></ul>	<a href="https://www.anxietyuk.org.uk/coronavirus-support-resources/">https://www.anxietyuk.org.uk/coronavirus-support-resources/</a>

Wishing you all a lovely weekend

Miss Smith