

please recycle me!



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Head of School: Miss Emily Smith

6th May 2021

Dear Parents and Carers,

Year 5 and 6 Bikeability Levels 1&2: Wednesday 16th, Monday 21st, Tuesday 22nd and Wednesday 23rd June 2021

Year 5 and 6 children have been given the opportunity of joining the "Bikeability" course, which is designed to teach the skills necessary to ride safely and confidently on today's roads. This course is the Cycling Proficiency for the 21st Century. Training will take place on roads close to Thorncombe St Marys as well as in the playground and is delivered by qualified by Bikeability instructors. Children taking part will need to be able to ride a bike with reasonable confidence. Level 1 needs to be passed before children can progress to Level 2. Children's bicycles will need to be transported to school by their parents.

Your child will use his/her own bike, and it must be of a roadworthy standard. BMX bikes are acceptable as long as they have two brakes. Please read the information enclosed on how to check whether your child's bike is in good condition, or take the bike to a bicycle shop to be checked. The bicycle will be checked by an instructor at the start of the course. You will be notified if any faults are found and this may have an impact on whether your child can continue on the course. The Bikeability instructors will not change any parts on the bike.

A helmet is essential, as children must wear one for the duration of the course. Suitable clothing should be worn by your child. This should be comfortable with narrow bottomed trousers (or cycle clips worn); trainers are ideal footwear for cycling. Training may take place in wet weather so a lightweight waterproof jacket may be advisable.

There is no cost to parents for this course, as the school will cover the cost of the Level 1 and 2 training. All children will attend the Level 1 training on 16th June, then attend one of the further dates for their Level 2 training, which is carried out in small groups. We will confirm the date your child will attend nearer the time.

At the end of the course, your child will receive a certificate and a badge showing the Bikeability Level she/he has attained.

Yours sincerely,

Miss Smith
Head of School

